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Review Article

Antibiotic resistance situation in Dhaka, Bangladesh: a review

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ABSTRACT

Antibiotic resistance is global trouble and in the megacities, it is causing more rapidly due to the misuse and overuse of antibiotics. This systematic evaluation used to be carried out to summarize the contemporary day kingdom of affairs of antibiotic resistance in Dhaka, to emerge as aware of gaps in close observation, and to print tips primarily based on honesty and surely on the findings. Google scholar, PubMed, and Bangladeshi journals online have been searched for the use of applicable key phrases to select articles connected to antibiotic resistance in Dhaka, Bangladesh published between 2004 to 2020. The resistance of a bacterium to a given drug was once added as the median resistance and interquartile fluctuate. Forty-one articles have been blanketed in this systematic review. Antimicrobial susceptibility trying out used to be once as quickly as carried out via disk diffusion approach in 97.56% of studies, at the equal time as the clinical and laboratory standards institute suggestions had been accompanied in 92.68%. Data concerning the susceptibility attempting out method and furnish of sickness (hospital/community) had been absent in 12.19%, 10.52%, and 90.24% of the research, respectively. An excessive prevalence of resistance used to be detected in most examined pathogens, and many of the normal first-line pills have been the most importantly ineffective. Resistance to carbapenems was once low in most cases. An excessive incidence of resistance to most antibiotics used to be detected, alongside necessary gaps in surveillance and facts gaps in the methodological data of the show up to be up.

Keywords: Antibiotic resistance, Dhaka, Pathogens, Ineffective, Antibiotic

INTRODUCTION

Antibiotics are indeed considered drugs that saved a lot of lives. At the same time, antibiotic was argued as a medication which is only targeted to certain microbes that causes disease incident.¹

Antibiotic resistance (ABR) is a worldwide health problem because of both the use of antibiotics and in terms of their applications not permanently severe in the taint of monitoring practices, nowadays epidemiological distinguishes in various countries. The medical

community suspects that the battle in opposition to the infectious diseases are had obtained, unfortunately, the progressive rate of antimicrobial resistance (AMR) produced to a great extent that faith was elusive in the last 30 years.^{2,3} The option to start antibiotic resistance is attractive for several reasons where one of the most important factors is resistance genes, to inappropriate use of antibiotics.^{3,4} As a result, AMR increases some factors such as health care cost, morbidity, and fatality not only in developing countries but also in developed countries.⁵ According to the report of WHO, it is estimated that approximately 45% of death are responsible in both

South Asia and Africa due to multidrug resistance. Bangladesh is a developing country in South Asia where Dhaka is the very fastest-growing megacities in the world where the rate of antibiotic resistance is increasing day by day. There is a clear argument that antibiotic physician in Bangladesh prescribes antibiotics to patients based on guesswork.^{4,7,8}

Current reports estimated that the rate of death will increase 10 million in 2050 and also in world economic output will be lost in case of actual attempts are not built to take on this threat. Current review highlights the percentage of data about antibiotic resistance scenarios in Dhaka that are found by the different published articles in journals. The ultimate goal is to ensure a recommendation for the upcoming workers and also provide direction to the policymakers tend towards with the viewpoint that optimum plan to minimize the rate of antibiotic resistance.⁹

Protocols to conduct current review article were developed to specify what is the scenario of ABR in Bangladesh, exactly in Dhaka. Current review will meet various research questions such as the emergence of ABR in Dhaka. Multiple search operations have been conducted between 2004 to 2020 to identify ABR in Dhaka-related articles. Searches have been conducted in Google scholar, Pubmed, BioMed, and Banglajol. In this review, various pathogens taken from the article report have been included which are meeting the (WHO) global priority list. A systemic review procedure was followed and a combination of keywords (antibiotics, resistance, Dhaka, Bangladesh,) in the subject area related to each other. By collecting some data from different papers and presented in the table form. Here resistance pattern of the pathogen is also recorded Bacterial resistant pattern of each bacteria has been presented through the median range, with interquartile range. Data analysis was prepared by using Microsoft excel 2016.

Total 41 articles have been added to current review, out of 167. Each of these papers was published between 2004 and 2020. A total study has been conducted centering on Dhaka, the capital of Bangladesh. Different susceptibility testing procedures have been used, among them the disc diffusion method used in 97.56% (40/41) of the studies. Most of the data 92.68% (38/41) has been interpreted based on the guidelines of CLSI (clinical and laboratory standard institute) for antibacterial susceptibility testing. Out of 41 studies, 8 (19.51%) samples were collected from UTI. Moreover, culture collected from gastroenteritis and bloodstream infection was resolved in 17.07% (7/41) of the studies. The summary of these studies is depicted in (Table 1). MR and IQR of 9 out of 14 selected pathogens have been calculated (Table 2). In the case of some pathogens, it was not possible to find out the IQR because their data is very low. At least three data are required to find the IQR.

Table 1: Summary of studies.

Publication year	N	%
2004 - 2010	7	17.07
2011 - 2014	11	26.82
2015 - 2018	18	43.90
2019 - 2020	5	12.20
Source of infection		
Community-acquired	4	9.75
Hospital-acquired	5	12.19
Both	4	9.75
Unknown	28	68.29
Patient type		
Inpatient	15	36.58
Outpatient	4	9.75
Inpatient and outpatient	8	19.51
Did not mention	14	34.14
Susceptibility testing method		
Disk diffusion	40	97.56
Dilution	7	17.07
E-test	2	4.87
Susceptibility testing standard		
CLSI	38	92.68
Eucast	2	4.87
Did not mention	1	2.43
Clinical syndrome		
Urinary tract infection	8	19.51
Bloodstream infection	7	17.07
Gastroenteritis	7	17.07
Wound infection	1	2.43
Respiratory tract infection	1	2.43
Multiple syndromes	16	39.02
Unavailable	1	2.43

E. coli is the most common bacterium of UTI. In 19 articles, *E. coli* has been studied to show high resistance against drugs such as ampicillin (MR 92.9, IQR 66-100), amoxicillin (MR 90, IQR 7.7-95), cefixime (MR 65.35, IQR 44.3-73.59), ciprofloxacin (MR 55.67, IQR 35.12-69.5), azithromycin (MR 55.67 IQR 44.25-74.06). *Klebsiella spp* shows resistance to ceftazidime (MR 60, IQR 50-100), cefuroxime (MR 48.64, IQR 23.79-51), Amoxyclav (MR 48.64, IQR 15.4-58). *Pseudomonas spp* shows resistance to amikacin (MR 68.7, IQR 50-70), ceftazidime (MR 66.6, IQR 25-95), azithromycin (MR 50.67, IQR 37.5-63.51), ciprofloxacin (MR 50, IQR 40.87-59). *Salmonella spp* shows resistance to nalidixic acid (MR 52, IQR 40-84.6). *Shigella spp* shows resistance to ampicillin (MR 53 (30-54.09), nalidixic acid (MR 51, IQR 34-52), chloramphenicol (MR 42, IQR 30.5-45.5). *Staphylococcus aureus* shows resistance to penicillin (MR 68.61, IQR 62.81-76.5), erythromycin (MR 65, IQR 43.37-82.5), tetracycline (MR 59.3, IQR 35.15-67.15), cefixime (MR 59.3, IQR 58.16-66.75). *Streptococcus pneumoniae* shows resistance to cotrimoxazole (MR 65.6, IQR 44.5-84.02). Ciprofloxacin (MR 64.6, IQR 46.87 -82.9). *Acinetobacter spp.* shows

high resistance against penicillin (MR 100, IQR 100-100), cefotaxime (MR 80, IQR 67.25-82.85) azithromycin (MR 79.20, IQR 56.28-100), cefepime (MR

75, IQR 41.5-82.74). *Enterococcus spp.* shows resistance to ciprofloxacin (MR 66, IQR 66.6-37.84), ceftriaxone (MR 49.32, IQR 42.66-49.66).

Table 2: Calculated MR and IQR of pathogens.

Drug	<i>Acinetobacter spp</i> MR (IQR) Total sample	<i>Enterococcus spp</i> MR (IQR) Total sample	<i>Escherichia coli</i> MR (IQR) Total sample	<i>Klebsiella spp</i> MR (IQR) Total sample	<i>Pseudomonas spp</i> MR (IQR) Total sample	<i>Salmonella spp</i> MR (IQR) Total sample	<i>Shigella spp</i> MR (IQR) Total sample	<i>Staphylococcus aureus</i> MR (IQR) Total sample	<i>Streptococcus pneumoniae</i> MR (IQR) Total sample
Amikacin	41.65 (24.30-59.97) 200	N/A	11.5 (7.24-29.9) 1576	19.21 (14.97-39.93) 247	68.7 (50-70) 517	N/A	N/A	N/A	N/A
Ampicillin	N/A	N/A	92.9 (66-100) 1291	N/A	N/A	30 (28-59.75) 7524	53 (30-54.09) 14348	N/A	N/A
Amoxicillin	100 (100-100) 50	N/A	90 (7.7-95) 208	N/A	N/A	N/A	N/A	N/A	N/A
Amoxycylav	N/A	N/A	48.68 (39-52.04) 1095	48.64 (15.4-58) 206	N/A	N/A	N/A	N/A	N/A
Azithromycin	79.20 (56.28-100) 55	N/A	55.67 (44.25-74.06) 1426		50.67 (37.5-63.51) 16			52.05 (40.91-75) 174	N/A
Aztreonam	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Cephalexin	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Cefepime	75 (41.5-82.74) 49	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Cefixime	N/A	N/A	65.35 (44.3-73.59) 378	N/A	N/A	N/A	N/A	59.3 (58.16-66.75) 109	N/A
Cefotaxime	80 (67.25-82.85) 50	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Ceftazidime	61.22 (46.3-67.41) 157		50 (28.77-71.25) 956	60 (50-100) 200	66.6 (25-95) 311	N/A	N/A	N/A	N/A
Ceftriaxone	50 (43.06-87.55) 123	49.32 (42.66-49.66) 20	49.32 (32.35-77.30) 1758	N/A	N/A	3 (1.85-37.48) 1368	2 (1-8.28) 862	51.6 (45.65-62.8) 130	N/A
Cefuroxime	56 (41.5-71.5) 53	N/A	N/A	48.64(2 3.79-51)164	50(48.64-96) 61	N/A	N/A	59.3 (43.15-68.78) 109	N/A
Chloramphenicol	N/A	N/A	N/A	N/A	N/A	20 (14.5-48.07) 2333	42 (30.5-45.5) 3560	N/A	N/A

Continued.

Drug	<i>Acinetobacter</i> spp MR (IQR) Total sample	<i>Enterococcus</i> spp MR (IQR) Total sample	<i>Escherichia coli</i> MR (IQR) Total sample	<i>Klebsiella</i> spp MR (IQR) Total sample	<i>Pseudomonas</i> spp MR (IQR) Total sample	<i>Salmonella</i> spp MR (IQR) Total sample	<i>Shigella</i> spp MR (IQR) Total sample	<i>Staphylococcus aureus</i> MR (IQR) Total sample	<i>Streptococcus pneumoniae</i> MR (IQR) Total sample
Ciprofloxacin	58.41 (37.84-89.2) 139	66 (66.6-37.84) 68	56.32 (35.12-69.5) 2823	37.83 (30-49) 272	50 (40.87-59) 722	18.5 (0.9-38.24) 7359	12 (3-17) 14394	58.06 (36.48-72.35) 197	64.6 (46.87-82.9) 179
Cloxacillin	N/A	N/A	N/A	N/A	N/A	N/A	N/A	50 (49.3-53.7) 126	N/A
Colistin	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Co-trimoxazole	40 (24-75) 82	N/A	48.6 (34.02-65) 2823	33.3 (30.33-45.55) 237	1.9 (0-50) 478	20 (13.63-32) 7477	N/A	43.2 (29.1-50.3) 126	65.6 (44.5-84.02) 179
Doxycycline	N/A	N/A	44 (28.2-72) 1176	N/A	N/A	N/A	N/A	N/A	N/A
Erythromycin	N/A	N/A	N/A	N/A	N/A	N/A	N/A	65 (43.37-82.5) 34	N/A
Gentamicin	53.3 (26.99-85.8) 146	25.65 (15.5-37.47) 62	N/A	17 (14.97-39.93) 312	50 (48.64-96) 732	N/A	4 (2.1-37.71) 642	51.07 (72.63-35.11) 176	N/A
Imipenem	37.45 (22.97-54.45) 92	N/A	7.14 (0.55-93.15) 1639	21.65 (2.5-45.82) 217	50 (7.95-91.05) 708	N/A	N/A	10 (7.7-52.2) 119	N/A
Levofloxacin	N/A	N/A	40.97 (34.4-41) 801	45.03 (23.9-62.87) 90	7.3 (3.65-8.37) 427	N/A	N/A	N/A	N/A
Meropenem	N/A	N/A	15 (7-56.99) 884	28.57 (17-33.3) 100	N/A	N/A	N/A	N/A	N/A
Nalidixic acid	N/A	N/A	N/A	60 (30.67-71.5) 24	N/A	52 (40-81.6) 7299	51 (34-52) 14614	N/A	N/A
Nitrofurantoin	N/A	N/A	15 (10-47) 996	33.3 (17-43) 147	25.67 (1.01-62.5) 59	N/A	N/A	N/A	N/A
Oxacillin	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Penicillin	N/A	N/A	N/A	N/A	N/A	N/A	N/A	68.61 (62.81-76.5) 121	N/A
Tetracycline	N/A	N/A	51.45 (37.75-61.92) 1199	N/A	N/A	N/A	N/A	59.3 (35.15-67.15) 110	N/A
Vanco-mycin	N/A	N/A	N/A	N/A	N/A	N/A	N/A	35 (32.35-55.45) 119	N/A

The frequent use of first-line antibiotics towards UTI used to be dissatisfying. A comparable state of affairs was discovered in Africa by contemporary analyses. *E. coli* bacteria are much more resistant against amoxicillin and amoxiclav.⁴⁹ Additionally, motels are used to choose tablets like tigecycline, nitrofurantoin, etc., if obligatory.⁵⁰ In staphylococcal groups, MRSA is associated with a high risk of mortality, length of hospitalization, and high health care center charges. Vancomycin was once as quickly as determined to be a high pleasant drug in opposition to MRSA in this research. First discovered antibiotic resistance of *Streptococcus pneumonia* used to be negligible, for this motive it stays a preference of treatment for pneumococcal disease. However, extraordinary penalties have been observed in research carried out in Asia. Despite its incidence in many other countries. Searching in this locate out about used to be different, with totally three out of a hundred and forty isolates strains of *Enterococcus spp.*, set down into vancomycin-resistant (MR 0%). Moreover, a total of three lookups examined vancomycin susceptibility, and a sizeable lookup was required to be done to acquire a definitive insight.

Significant gaps in the surveillance had been added in this research. The search has been carried out in Dhaka which is the capital of Bangladesh. Gaps in the methodological information are additionally identified. In Dhaka, the region antibiotics prescribed to victims no longer normally ever worked, as germs developed antibiotic resistance due to their irrational use, the standard for susceptibility results (26.82%), and (90.24%) of infections in hospital and community center. These markup questions are involving with an extremely good part of their statistics and make it tough to comparisons amongst the pinnacle notch studies. Further work will be done on ABR, to manipulate its issue. However, a giant lookup wishes to be carried out on the pathogens that have been left out due to the reality of an insufficient range of studies, as referred to in the Results section.⁵¹

There is a scarcity of recent antibiotics, it is of the utmost magnitude that the modern. This can be carried out by way of the use of overall performance of way of implementing stricter insurance plan insurance policies on antibiotic use.

CONCLUSION

The effect of antibiotic resistance is much greater in Dhaka, Bangladesh. Highly unwholesome strains of microbial were detected from various hospitals in megacity Dhaka and observed. Antibiotics prescribed in Dhaka hospitals work hard. This observation also implies misuse and overuse of antibiotics. At present, antibiotic resistance is a serious alarming condition for Dhaka residents. The situation in Dhaka is worse than in other districts in Bangladesh in terms of misuse. So, further exploration is very important. Although the current resistance data is not very available, this study has

identified resistant bacterial pathogens in Dhaka. Their susceptibility pattern has also been highlighted. Hopefully, this study will help health professionals to make a decision about which antibiotic therapy to use. Moreover, it has been said that the fourth generation of cephalosporin, amoxicillin, tetracycline has become resistant in Dhaka, according to prescription analysis. So, it will help the researchers for the next improvement.

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