Quasispecies pattern in coronavirus along with new concern of recurrence, relapse and re-infection of SARS-CoV-2

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INTRODUCTION

Initially in February 2003, Severe acute respiratory syndrome (SARS) caused by severe acute respiratory syndrome coronavirus (SARS-CoV) was first reported in Asia. This epidemic of SARS quickly affected 26 countries and more than 8,000 people fell ill and 774 died as per WHO.1 Almost after a decade of SARS outbreak, another viral respiratory disease known as middle east respiratory syndrome (MERS) caused by MERS coronavirus was first reported in Saudi Arabia in September 2012 and has spread to 27 countries. From its emergence through March 2020, WHO confirmed 2,553 MERS cases and 876 deaths.2

Recently, in early December 2019, an outburst of pandemic corona virus disease (COVID-19) caused by severe acute respiratory syndrome corona virus 2 (SARS-CoV-2) has been occurred. SARS-CoV-2 is a member of the family Coronaviridae, sub family Coronavirinae order Nidovirales and genera beta corona virus. It is a positive-sense, single-stranded enveloped RNA virus (30Kb genome) that is around 50-200 nm in diameter. Virus is encoded by structural protein the spike glycoprotein (S) that consists of three S1-S2 heterodimers that bind to angiotensin-converting enzyme 2 (ACE2) receptor on type II pneumocyte. The other surface protein is the hemagglutinin-esterase (HE) dimer is as shown.3

VIRAL QUASISPECIES

Quasispecies theory was developed in the 1970’s by Manfred Eigen and Peter Schuster to explain self-organization and adaptability of primitive replicons. This concept is applicable to any biological entities with less genetic size and high mutation rate. One such is the RNA viruses.4

Viral quasispecies refers to the viral RNA inhabitants consisting of mutant spectrum instead of genetic sequence
with the same nucleotide. Mutant spectra are the source of virus adaptability as it is warehouse of genotypic and phenotypic viral variants. High mutation rates have impact on viral fitness and survival. Unrestricted replication results in fitness gain, with or without variation of the consensus sequence. In contrast, replication in the presence of mutagen results in accumulation of mutations that modify the consensus sequences, and decreased fitness. Thus, these highly inconsistent entities can quickly adapt to new environments and ecological changes, as evidenced by the emergence and reoccurrence of viral infections from animal reservoirs, including human immunodeficiency virus (HIV), SARS, influenza, Ebola, and dengue fever, among others. This complexity of mutant cloud can significantly affect disease progression and viral pathogenesis and response to treatment.5,6

LITERATURE EVIDENCES RELATING NATURE OF QUASISPECIES TO CORONA VIRUSES

SARS and MERS

During SARS outbreak in China, a study by Xu et al, provided data of genome sequencing results of 132 patients with SARS associated coronavirus from 19 individual hospitalized patients suggesting the typical characteristic of Quasispecies of SARS-CoV that is presence complex and dynamic distributions of mutants in vivo, rather than a single, defined genomic sequence.7 This can further be supported by another study at Hong Kong by Tang et al, they have reported data on a 386-nt deletion in SARS-CoV and their observation of both L386del variant and the wild-type variant in the same specimen raised the possibility that SARS-CoV exists as a Quasispecies.8

During MERS outbreak Briese et al conducted a study that demonstrated a model of interspecies transmission of MERS-CoV between camels and humans. The whole genome sequencing of MERS-CoV revealed the presence of sequence variants within the isolate from dromedary camels (DC) which indicated the existence of quasispecies present within the animal. But noticeably, no such sequences were identified in analysis on samples recovered from human cases (only clonal genomic sequences were reported).9

Recent genome studies on novel corona virus (SARS-CoV-2)

China: In the study conducted by Wu et al in a patient (worker at market) bedded in Central Hospital of Wuhan, China on December 2019, RNA sequencing of bronchoalveolar lavage sample from the patient found a new RNA virus strain formerly named as ‘WH-Human 1’ coronavirus (now COVID 19). Its genome sequence was 79 percent similar to the SARS-CoV, about 51.8 percent similar to the MERS-CoV, and about 87.6-87.7 percent similar to other SARS-like CoVs from Chinese horseshoe bats (called ZC45 and ZXC21) indicating the genesis from bats. It also confirms the existence of mutant gene variants that can be correlated to quasispecies nature of the virus.10

Italy: Genomic characterization of SARS-CoV-2 from the first case of COVID-19 in Italy by Capobianchi et al, suggests that the analysis of sequence variability supported the presence of viral quasispecies in the clinical sample as well as in the primary isolate. Two positions with variant frequency >10% were observed in the sample.11

Nepal: In a study conducted by Sah et al a complete genomic study was done for SARS-CoV-2 strain obtained from an oropharyngeal swab specimen of a Nepalese patient with positive COVID-19. Full-genome comparison of the isolate revealed >99.99% identity with two previously sequenced genomes available at GenBank for SARS-CoV-2 from Wuhan, China, and >99.9% with seven additional sequences.12

Recurrence, relapse re-infection of coronavirus

Within no time the virus underwent a rapid dissemination and led to pandemic disaster worldwide. Recognizing the seriousness, many countries compelled for social distancing and lockdown to retard the spread of virus. Suspected subjects were isolated and testing was done. Positive SARS-CoV-2 subjects stayed quarantine, and currently available supportive treatments were provided to cure patients. The recovery rate was promising to some extent and the many subjects with favorable test results were discharged. Unfortunately, some of the recovered cases were again testing positive implying chances of recurrence, relapse and re infection. It is most important to understand the basic differences of these terms.

Terminologies

Recurrence/reoccurrence: It is the fact of happening again (or) a new occurrence of something that happened /appeared before.

Relapse: Relapse may be defined as a recurrence with the same species and serologic strain of micro-organism that was present before therapy

Re-infection: Reinfection implies recurrence with distinct/ different micro-organism that caused the original infection.

So, to differentiate relapse and re infection, accurate serological testing is required to identify the exact strain of microorganism. However, both have a distinct dynamic mechanism to reoccur.

Evidences of relapse and re infection of SARS and MERS

After the initial outbreak of SARS in 2003, no more SARS cases were reported since 30 April 2004. As per
WHO records, to assess the risk of SARS reoccurrence and to prepare appropriate contingency plans, a document namely ‘SARS risk assessment and preparedness framework October 2004’ was framed by WHO.13

A retrospective analysis of experts opinions regarding the reoccurrence of SARS by Wong; majority experts agreed the recurrence of the epidemic but they were unlikely to predict whether reoccurrence as an epidemic or smaller outbreaks.14

However, two case reports were found regarding the relapse of SARS. Tsang et al reported a questionable case of SARS either as relapse or a hospital infection in 35 years old woman. The patient was suspected as possible relapse of SARS and was treated with combination of oral antivirals along with IV antibiotics.15 Another report by Chien et al narrated a case of 56 year old woman stating that recurrent relapses of SARS were closely associated with repeated attempts to taper the dose of corticosteroid.16

In 2007, a study conducted by Wu et al, provided a strong evidence that SARS-CoV antibodies are reduced >3 years after the symptom onset SARS and patients might be susceptible to reinfection >3 years after initial exposure.17

The data from one of the largest case series of nine patients from a tertiary care center in Saudi Arabia published by Alaskar et al, most of the cases had an active disease (1 case), relapse (2 cases) or refractory (5 cases) and 1 unknown case of MERS. Also, the two refractory cases had evidence of co infection with enterococcus and gram negative bacteremia.18

Reoccurrence of novel corona virus SARS-CoV-2

A recent study by Bao et al, investigated acquired immunity to SARS-CoV-2 in rhesus macaques. Four rhesus monkeys were infected with SARS-CoV-2 and two were reinfcected after confirmed recovery. Upon reinfection, viral replication was not detected in nasopharyngeal or anal swabs, and reinfected monkeys did not show any signs of COVID-19 disease recurrence. This suggests that immunity acquired following primary infection with SARS-CoV-2 may protect from subsequent exposure to the virus. However, this might not exclude the concern of reinfection and further studies are required.19

Further a case report of a 46 year old woman on recurrence of positive SARS-CoV-2 RNA in COVID-19 was narrated by Chena et al suggesting the reoccurrence of SARS-CoV-2 in convolascen patients. The report also highlights the need of both nasopharyngeal and oropharyngeal swabs test for SARS-CoV-2 RNA to reduce the false-negative rate. Patients in convalescence should also be regularly tested for infectivity assessment, and all the discharged patients should be home quarantined for at least 14 days.20

EVIDENCING SARS-COVID-2 ON PARTICULATE MATTER: A POSSIBLE EARLY INDICATOR OF COVID-19 EPIDEMIC RECURRENCE

On 16 March, a position paper launched by the Italian Society of Environmental Medicine (SIMA) illustrated the possible link between the dramatic impact of COVID-19 outbreak in Northern Italy and the high concentrations of particulate matter (PM_{10} and PM_{2.5}). Further SIMA suggested using this correlation worldwide as “indicator” of COVID-19 relapses.21

CONCLUSION

Better understanding of virus nature is a key to tackle the virus spread and also provides clues to target and better treatment options. Relapse and reinfection of COVID 19 is still questionable proper diagnostic methods are necessary to avoid false negative and to establish the recurrence.

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